

Mid-Market Plans

Optima Health

Benefit Changes

The following changes apply to groups effective or renewing on or after January 1, 2022

All Plans

The **day supply limits** for retail prescription drugs have been changed from 31 days to 30 days. Members will pay one copayment or applicable coinsurance per 30-day supply. Mail order will continue to offer up to a 90-day supply on tiers 1-3.

For **non-HSA plans** (non-Equity plans), the **Continuous Glucose Monitors, Sensors, and Supplies (CGM)** will now be covered under the pharmacy benefit, per the applicable tier cost share amount. Pre-authorization may apply.

All pharmacy tier-naming conventions have been changed from “**Selected**” to “**Preferred**.” This is a language clarification, not a benefit change.

Domestic partners can now be covered as a dependent, provided they meet certain criteria, including:

- residing in the same household
- are not legally married or legally separated from a third party
- are jointly responsible for each other’s welfare and financial obligations
- are over the age of 18 or legal age of consent
- have shared a committed relationship for no less than six months
- are not related by blood to a degree that would legally prevent marriage